

from advanced lesson #8

We see lights inside.. the SOUNDS open the path for us to see. These SOUNDS give us peace of mind. The scriptures give you nothing. A road map is not the goal - it does not take you there. The map is to be read & that is good. Anything that is external to you is not God. Lack of ~~the~~ sun brings fog; more sun, no fog. Darkness is from the same light--- more light & there is no darkness. MCST have PROVED since meditation that their insides are nicer & more peaceful. BECAUSE OF MEDITATION.

Thrift is a good quality - but used to extremes makes one a miser. Generosity is a good quality but to extremes makes one broke & a public burden.

When we live in the NAM - we find harmonies - the harmonious expression of all qualities. Geniuses are hard to live with - they're unbalanced. We are balanced when we are anchored in the NAM. It shines like lightening inside, - beautiful & wonderful. Always new & good things come to you when you LIVE in the NAM. We can never KNOW ALL about GCD. He who says so is a fool. Meditate & become gracious -- this Being is inside us. It is our LORD.

Some say with a glib tongue---"you go your way & I will go my way and we'll meet at the top. THIS IS NOT TRUE! There is only ONE WAY, the WAY of the LORD. The WAY of the WORD. Paul watered down Jesus' teachings. Man must undergo vast changes. We have two natures that are incompatible, they cannot know each other. "No one cometh to the Father except by me". Enter into this ONENESS with HIM, the GOD within.

A boy went with me to see a saint. The boy said "why am I so good in your company & a devil when I'm not?" Saint replied, "As you are near me, some day the submerged cart of you (the good) will come to the top.. you'll come to grips with it & become better."

The deeds that do not make your life fruitful -- forget them. To thine own self be true. There is NO inbetween - it's either right or it is NOT RIGHT.

Miracles were deliberately put in the Bible by the one^s who wrote it. It was the Jewish belief - that miracles were the sign of a Messiah- & if he didn't do them -- they added them. Jesus' words are much watered down. Humans are prone to exaggerate. "I saw a feather" -- in a few tellings, it became a whole flock.

MIRACLES PROVE NOTHING & ARE A BLOCKAGE TO THE REAL MESSAGE !

To blindly accept or repeat is... HUM-BUG !

In one of Anne Besants books she relates a story about ~~about~~ a master who had a cat & she was always bothering the disciples when they meditated. So the master would call the cat to him & tie it to a chair when they started to meditate. In time the master died. The follower had no cat, so they borrowed one & tied it to the chair before beginning meditation. Rituals start this way.

Do all that you do by deliberate & free choice. And KNOW WHY you do it. This brings character building -- without character, you will not see God, you cannot know Him. Character can not be built when things go easy... but when all things go against you & you look the darn thing in the face & come to grips with it. THEN, a new element enters which was not there before! You become a different being of a different order.

There are 6 ways of developing character.
Events will unmask you, many are the fair-weathered friends.
And few will stand by you when adversity comes.

- 1...Adversity: Get rid of the fair-weather friends - discard them.
There is no growth together IF you don't go together.
A millionaire lost all but was not 'out' - he kept trying.
- 2...Prosperity: Can it spoil your character?
To become suddenly rich goes to the head.
- 3...Poverty: Does it de-moralize you. The rich as well as the poor
commit crimes. Poverty, to a decent man wants no charity
only a chance.
When our daughter was born - when mama came home from the
hospital said, "daddy everything is so clean - how many did
you hire to do all this wor?" "Just one fellow, & I didn't
pay him a cent. But from now on I shall give you more re-
spect for the JCB you are doing here in our home."
- 4...Sleep: Dreams are purposive- they reveal what goes on inside.
Dreams play jokes on the inside crooks & you're found out.
- 5...Music: Don't trust a man who does not like classical music.
Some of the so-called music should chloroform them.
Indians have no jass. Don't trust if person dislikes good music.
- 6...Intoxication: When drunk man becomes like wild cats. To be sociable &
drink, is an open door for rape. It is the call of the lower
nature - it UPS itself. There is litter inside & liquor
brings it out. We can never imagine ourselves into a good
character. Every muscle must be changed.
NOT by your will-power but by God's WILL.

We must walk the strait path - there are no short-cuts. A beautiful woman
without character is like a spittoon. Don't trust mystics who are governed
by feelings - something is wrong.

The integrated man is not exo tic. A slow change is brot about in his char-
acter - like nature ripening the sour apple. ALL THE MYSTIC ROCKS ARE THE
BUNK ! Just EXPLOITING. They are never happy people, have hell in ho,e life.

Spiritual man is easy to get along with. No worship can spare you the mis-
fortunes that come along.. they are needed for the character to grow, develop.
Both Gandhi & Lincoln were good men - they had great faith in God.

To do anything in a half-hearted manner with half-hearted efforts is treason
to our higher self. We must serve, but not from compulsion. Only free men
can make progress. Attain to your own God-head! Mere dying DOES NOT CHANGE US.

Ceremonies of the Catholic or any other church cannot change you - it is no
help. Like the mama skunk who was washing & scrubing her little babies to
get the smell off; she said "no matter what I do, you still are the same
skunks". The Pope too will have to chage sometime. That high mass is low mess.

To learn rightly - give me a few weeks of your time, that change can come
To live the good life ... be a good example.

NAM cannot be found without the Sat-Guru.
The FORM of GOD is found in true MEDITATION.
TWO HOURS is TOO LONG to MEDITATE.

Three times daily - 15 to 20 minutes each time is correct.

12-6-64 Detroit
Sunday evening.

When our son was small he ask "grandma & grandpa get sick, sister & monie get sick but no get sick?" "When you get older we will talk with you about that". To not do what you know is right, is being an enemy to yourself. To you it is a sin. It doesn't matter how you touch the nose or bow the body, just find the shortest way to God. It is the best. In India they have many Gods-- to heck with them, IT IS NOT RIGHT. Go strait to God within ... I want to see the HEAD MAN.

Wish I had moving pictures of our dog Mickey.. she was one of the family. At Christmas we would give her presents, she would put them in her mouth & go 'round & 'round the Christmas tree do proud. Made her feel better knowing she was wanted & loved. My latest Book (Pearl of Greatest Price) I sent air-mail to my in-laws who were in England at the time it came off the press, for I dedicated the book to them - they had made my life more worth-while. Boy were they happy -cost me lots to send but was worth it.

The SIKH religion had TEN EXEMPLERS. None of them smoked or drank! Woman is the better half of man but when she smokes, all respect is gone. My father-in-law always smoked, going into his room, the rugs, bedding even the wall paper smelled of smoke. He gave it up not too long ago -- now the room smells very sweet. Thank God it didn't affect our children. EXAMPLE is SO IMPORTANT by good parents.

Gandhi would never have succeeded in America - people would have laughed at him. Gen.Washington prayed for success in war - his men wore gunny sacks on their feet for shoes. Germans must not be allowed to return to the goose-step. Our life does not start with a blank character, which we inherit from our own pasts. We each have molded our own. Children are highly influenced from grown-ups, but they bring their own preferances for certain things & foods with them: try to get them to eat balanced meals....! There will be a healthier body IF we eat balanced meals. Just to eat vegetables ALONE, is also UNBALANCED.

In a true democracy - ALL must serve -- NO PARASITES.

We definitely have existed before - we were in circulation a million yrs. ago. Some say, there is a special creation - brother some look it. No, each one ingerits his own past. Loving parents & grand parents say - "baby has his mothers nose, his daddies chin". NO, he has his own .+ The soul structure builds the body.. soul structure reveals the body. We must stand lots of storms in life. The soul of good character is drawn to good parents & is wanted. Those who come unwanted - there is in it an unconscious memory of hatred. A mother pregaant with child wanted to abort it--- but 17 years later killed the father, but the child was NOT from the mothers husband. Hatred has been BORN - seed planted pre-natal.

A Nehru was in the making a long time. So it is with all the great ones. There is a National influence also. Our own past can be examined in the light of our present. There was a colored girl that was born with crippled feet- she became the fastest Olympic runner. The mal-formation came from her past, -but we can change our past if we want to. IF people drink, it is a desire from the past,... of their past... that desire is in their character.

The dog is a cousin of the wolf.. the dog changed the wolf & they became loyal friends. HENS have need of a bill of rights too! "just build a box --a place to PECK & LAY EGGS. Americans have 'know how'.. but those ways are often HOW TO TORTURE & TEASE NATURE. GENIUS also belongs to the soul. Nancy Hanks was very homely - but had a genius son. I knew Will Rogers, a truly great man 9gave him one of my books) (Wisdom of the Wheel) out of print now ---said.. he never met a man he didn't like. SOMETHING VERY SPIRITUAL.

We have both God & Guru to work with us - but there will be
no change - without our will to change.

1. First we must become disgusted with our way of living.
2. Then we must be zipped up - primed - to understand both God & Guru.
3. Connected to the NAM. This gives us - we acquire the force to transcend our own characters. I wanted the GOOD LIFE very badly in this life... to make it a song, a psalm, a joy to God. EXAMINED MYSELF. There is no one like me. I can change ONLY with the HELP of the NAM. I deeply wanted that change. Then God's GRACE comes. When the soul is ready & it aches for help, it comes. When we cry for freedom -- work for it -- it comes. It is the same with spiritual life. When we cry, work, yearn for a betterment it comes, it is God's GRACE. God touches our life when we aspire for the GOOD LIFE. YOU MUST DESIRE TO BE GOOD ! It came to me when I was 14 years old. I wanted to make my life a song, a blessing. "I'll make this life worthwhile, I must not waste a minute of this life". I prayed.....
"God use me, open up my awareness - that I can serve you". And He does!
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STOP want your own way - and seek HIS WAYS .

OPENINGS come from all places, your own efforts help. IF we want to change, we must put forth our best efforts. I must set forth into motion, and let God bring it. We seek not to be passive - but to be militantly active for good! Be active in love, in joy & good-will. At best we are limited - so we must get in touch with the UNLIMITED..... or we won't go far. With each effort we make, there is added a quality & our capacity grows. God's GRACE is all-sufficient, we must learn how to enter this GRACE.

LET GO! Do not worry over the results... we will gradually change & improve. If we meditate, listen to the SOUNDS, we will gradually change for the better.

You will feel guilty in your own eyes - IF, yr. best is not being given. Remove the poisons by right living, EXERCISE - KEEP the BODY CLEAN and MEDITATE EACH DAY .

Your welfare is my concern.

Me ? There is no such thing as me & not 'he' . It can't be all me & not you. HE is the LIFE in all & the SOUL of the soul of it.

He is the LIFE of the life & is seen by the soul within.

The only CHRIST that can save you is the CHRIST within you .

Don'T draw away from meditation - going to outside efforts.....
THEY can not help you .

Meditate with devotion

Listen to the SOUNDS

BLESS your loved ones

Serve God in them

Remember.....

It is not what happens - but

HOW WE RE- ACT TO IT !